



BEACH HOUSE

Assisted Living & Memory Care

1315 2nd Avenue N • Jacksonville Beach, FL 32250 • (904) 829-6479

Management Team

Bethany Larkins Executive Director
Dia Wright Director of Nursing
Melissa Smith Director of Life Enrichment
Vanetta Brinson Business Office Manager
Sebastian Stuto Director of Plant Operation
Danielle Coleman . Assistant Director of Nursing
Dave Roberts Director of Sales & Marketing
License #12590

Popular Pages: 'The Secret Garden'

Frances Hodgson Burnett wrote the majority of this beloved coming-of-age novel, which was published in 1911, in her own walled garden at her English country house. The plot follows recently orphaned Mary Lennox, a 9-year-old girl with a sour disposition, who is brought to live at her uncle's home, Misselthwaite Manor. But her uncle is a reclusive man, and Mary is often left to explore the huge grounds on her own. Soon she discovers a locked garden, which has been left untouched for 10 years. Adding to the mystery of the manor is the sound of someone crying in the middle of the night. Mary's curiosity cannot be contained, and what she discovers changes her life and the lives of everyone around her.

Dandy Candies

An attractive treat often served at weddings and parties, Jordan almonds have been around since the 1600s. Food historians say the candied nuts are direct ancestors of jelly beans, since the same sugarcoating process is used to create the confections' hard, shiny shells. Called panning, this process can take many hours or even as long as two weeks.

April 2022



Wear Your Wellies

A pair of rubber rain boots are both fashionable and practical during soggy weather. In the United Kingdom and Canada, the boots are affectionately called "wellies," short for Wellington boots, which were invented in the 1800s by Arthur Wellesley, the first Duke of Wellington. Valued for decades by horse riders, soldiers and outdoor laborers, wellies later became stylish spring wear for all types of people, and now come in a wide variety of colors and patterns.

Get Hooked on a New Book

If you love to read but find yourself getting too distracted to finish a book, try this trick: When you start a new title, commit to reading 60 pages in one sitting. This gives you enough time to become familiar with the characters and the story's structure, so instead of setting the book down and forgetting about it, you'll be hooked.



April 2022

MP Multipurpose Room Outside
L Living Room TH Therapy Room
P Porch
MR Movie Room
 Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:00 MP Move to the Music 11:00 MP Brain Games 1:00 L Beach House Bingo 3:00 Happy Hour with Music & Entertainment 6:00 MR Movie Matinee	
3	4	5	6	7	8	9
	10:30 MP Chair Aerobics 11:00 MP Brain Games 1:00 MP Beach House Bingo 2:00 P Wii Bowling 3:00 P EZ Does it Trivia	10:30 MP Exercise with H2 Health Care 2:00 L Ice Cream Social 6:00 MR Residents' Choice Movie	10:30 MP Chair Aerobics 11:00 P Porch Talks 1:00 MP Beach House Bingo 2:00 L Bean Bag Toss 3:00 P Wine Down Wednesday	10:30 TH Exercise with H2 Health Care 1:00 Communion with St. Pauls 2:00 Wii Bowling 6:00 MR Resident Choice Movie	10:00 MP Move to the Music 11:00 MP Brain Games 1:00 L Beach House Bingo 3:00 Happy Hour with Music & Entertainment 6:00 MR Movie Matinee	
10	11	12	13	14	15	16
	10:30 MP Chair Aerobics 11:00 MP Brain Games 1:00 MP Beach House Bingo 2:00 P Wii Bowling 3:00 P EZ Does it Trivia	10:30 MP Exercise with H2 Health Care 2:00 L Ice Cream Social 6:00 MR Residents' Choice Movie	10:30 MP Chair Aerobics 11:00 P Porch Talks 1:00 MP Beach House Bingo 2:00 L Bean Bag Toss 3:00 P Wine Down Wednesday	10:30 TH Exercise with H2 Health Care 2:00 Wii Bowling 6:00 MR Resident Choice Movie	10:00 MP Move to the Music 11:00 MP Brain Games 1:00 L Beach House Bingo 3:00 Happy Hour with Music & Entertainment 6:00 MR Movie Matinee	
17	18	19	20	21	22	23
	10:30 MP Chair Aerobics 11:00 MP Brain Games 1:00 MP Beach House Bingo 2:00 P Wii Bowling 3:00 P EZ Does it Trivia	10:30 MP Exercise with H2 Health Care 2:00 L Ice Cream Social 6:00 MR Residents' Choice Movie	10:30 MP Chair Aerobics 11:00 P Porch Talks 1:00 MP Beach House Bingo 2:00 L Bean Bag Toss 3:00 P Wine Down Wednesday	10:30 TH Exercise with H2 Health Care 1:00 Communion with St. Pauls 2:00 Wii Bowling 6:00 MR Resident Choice Movie	10:00 MP Move to the Music 11:00 MP Brain Games 1:00 L Beach House Bingo 3:00 Happy Hour with Music & Entertainment 6:00 MR Movie Matinee	
24	25	26	27	28	29	30
	10:30 MP Chair Aerobics 11:00 MP Brain Games 1:00 MP Beach House Bingo 2:00 P Wii Bowling 3:00 P EZ Does it Trivia	10:30 MP Exercise with H2 Health Care 2:00 L Ice Cream Social 6:00 MR Residents' Choice Movie	10:30 MP Chair Aerobics 11:00 P Porch Talks 1:00 MP Beach House Bingo 2:00 L Bean Bag Toss 3:00 P Wine Down Wednesday	10:30 TH Exercise with H2 Health Care 2:00 Wii Bowling 6:00 MR Resident Choice Movie	10:00 MP Move to the Music 11:00 MP Brain Games 1:00 L Beach House Bingo 3:00 Happy Hour with Music & Entertainment 6:00 MR Movie Matinee	



Eco-Friendly Achievements

Decades of research, activism and policy changes have all contributed to making the Earth a cleaner, greener place. Cycle through these inspiring achievements:

Year **Environmental Milestone**

- 1962 Rachel Carson publishes her book “Silent Spring,” ushering in a new era of environmental awareness.
- 1970 More than 20 million Americans participate in the first Earth Day. Later that same year, the Environmental Protection Agency is formed.
- 1980 Woodbury, N.J., implements the first mandatory curbside recycling service.
- 1992 The Department of Energy and the EPA create the Energy Star program, which endorses energy-efficient products and practices.
- 1997 Toyota introduces the Prius, the first hybrid gas-electric vehicle available to consumers.
- 2007 The American bald eagle is removed from the endangered species list, after numbers soar to over 10,000 nesting pairs in the continental U.S.
- 2016 Nearly 200 nations sign the Paris Climate Accord, a pledge to fight climate change by reducing greenhouse gas emissions.

“Then & Now”

“This Month In History”

APRIL

1860: The first Pony Express rider leaves St. Joseph, Mo.

1908: Home to large sandstone pathways formed over time by flowing water, the Natural Bridges National Monument is established in southeast Utah.

1932: Dr. Charles Glen King, a chemistry professor at the University of Pittsburgh, isolates vitamin C from lemon juice. This breakthrough made it possible to accurately study the nutrient’s properties and benefits in medicine.

1956: Daytime soap opera “As the World Turns” premieres on television. It was the first soap to have a half-hour runtime, rather than just 15 minutes.

1970: Almost 56 hours into a mission to the moon, Apollo 13 commander Jim Lovell reports to ground control, “Houston, we’ve had a problem.” Days later, after a gripping rescue mission, millions around the world watched the spacecraft splash down safely in the Pacific Ocean.

1994: South Africa holds its first multiracial elections, with Nelson Mandela earning 62% of the popular vote to become the country’s first Black president.

2010: Apple debuts its tablet computer, the iPad. Consumers purchased 300,000 units on the first day.

2021: A rare copy of “Action Comics #1,” featuring the debut of Superman, sells for a record-breaking \$3.25 million.